



Paul A. Gurbel, M.D., Named to 2013 Best Doctors in America List

February 6, 2013 | [Add a Comment](#)

Sinai Hospital is pleased to announce that [Paul A. Gurbel, M.D.](#), has been named to the 2013 Best Doctors in America list. Compiled by Boston-based Best Doctors Inc., the list is the result of an exhaustive survey of more than 45,000 physicians in the United States in more than 40 specialties and subspecialties. Only those doctors recognized to be in the top 5% of their specialty earn the honor of being named one of the Best Doctors in America.

Gurbel is an interventional cardiologist in the [Heart Center at Sinai](#) and is also director of the [Sinai Center for Thrombosis Research](#). Under Gurbel's leadership, the Center for Thrombosis Research has been recognized in the international cardiology and thrombosis community as a leader in the field of antithrombotic therapy. The expertise of the lab is centered on antiplatelet drug development, antiplatelet therapy.



Paul A. Gurbel, M.D.

antithrombotic therapy and personalized

The breakthrough findings of Gurbel and his team at Sinai have been published in hundreds of peer-reviewed medical journal articles and have influenced treatment guidelines related to antiplatelet therapy as recognized by the [American Heart Association](#), the [American College of Cardiology](#) and the [European Society of Cardiology](#). Their research has also created a platform for the discovery of new antithrombotic drugs.

"It is gratifying to be recognized in this survey by my peers and I am honored to be a part of the Best Doctors in America list," said Gurbel. "Heart disease is still the number one killer in the United States, and my team and I are dedicated to continuing the fight to save lives through interventional cardiology and to find better ways to test and treat patients to prevent cardiac events from occurring."

Gurbel was previously honored as a Top Doctor by [U.S. News & World Report](#).

Over the last 24 years, Best Doctors has earned worldwide acclaim for its database of physicians. The Best Doctors database is the world's premier effort to create a validated, peer-reviewed database of excellence in medicine. The Best Doctors methodology is rigorously impartial and strictly independent. Doctors cannot pay to be included in the database and are not paid to complete the survey. The only way to be recognized as one of the Best Doctors in America is for a doctor to earn high marks for clinical ability from his or her peers.

- Helene King